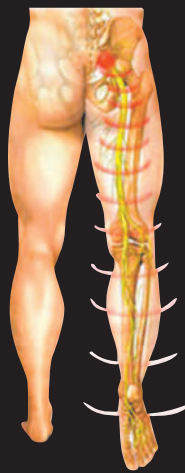


Amazing Technology Relieves Serious Back Pain



# GET RID OF Sciatica, Bulging Discs, And Leg Pain ONCE AND FOR ALL!

## Do You Have Any of the Following Symptoms?

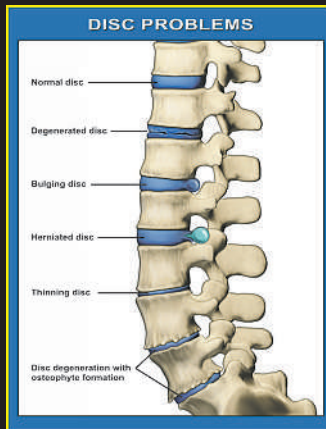
- Sharp Pain in the back of the leg
- Lower back pain
- Herniated bulging discs
- Numbness in your arms or legs
- Shooting hip or thigh pain
- Muscle spasm, sprains & strains

Having back and leg pain can feel like a crippling condition. You might not be able to play golf, work, or even sit in the car for a 30-minute drive. It's almost impossible for anyone around you to understand how you feel. You can't remember the last time you even had a restful night's sleep.

If you've suffered from any of these annoying conditions, you may have "Sciatica."

Sciatica is a compression of the sciatic nerve, usually by an L4 or L5 disc herniations. As you know, sciatica can be a very painful problem, even crippling at times.

Nothing's worse than feeling great mentally, but physically feeling held back from life because your back or sciatica hurts and the pain just won't go away! Fortunately, if you are suffering from any of these problems, they may be relieved or eliminated by non-surgical Spinal Decompression combined with Laser Therapy.



### Listen to our patient's comments:

"For two years I suffered from low back and leg pain. Physical activity especially golf was irritating my lower back, after decompression and adjustments I have no pain and can play 18 holes without any pain both leg and back. The staff and doctor really care."  
- Cornell Clark

"My name is Kevin Lovelace and I have had severe low back pain for 25 years. All physical activities were limited and my pain level was a 6-8. My results have been night and day and I currently am at a 1-2 on a pain scale of 1 to 10." - Kevin Lovelace

"My name is Joyce Duffey and I have had pain in my back and neck for the past 20 years, as a result of this I had to quit work. After visiting Dr. Johnston, I have improved in every area of my life, including walking and sleeping." - Joyce Duffey

"My name is Tina Harrington and I have had back pain since November of 2013, as a result of lifting a heavy object. This prevented daily activities, playing with my grand kids, and job duties. In an effort to relieve my back pain I have had back surgery and cortisone shots, but nothing seemed to work. After visiting Dr. Johnston, I felt relief within the second visit. I am pain free and can now play with my grand kids again." - Tina Harrington

"I first came to Dr. Johnston's office in October of 2014, with chronic low back and front of thigh pain. I have experienced these problems for ten years, although the last five years have been more severe. I have received spinal injections and physical therapy, but nothing seemed to work. Dr. Johnston had a very thorough approach to wellness through therapy and nutrition. Since visiting Dr. Johnston's office I have had major improvement in both fibromyalgia and back pain."  
- Jill Raburn

"My name is Henry Cantrell and I have had pain in my leg for several years. I could not sleep at night or do any type of physical work. After several doctor's visits, shots, and three back surgeries; I saw this ad in the newspaper. Since visiting Dr. Johnston my leg pain is gone and I can sleep at night." - Henry Cantrell

"My name is Edgar Moore and I have had back pain for over five years. I could not bend, get out of bed, sleep, or work without severe back pain. I saw the ad in the newspaper and since visiting Dr. Johnston my mobility is a lot better. Dr. Johnston's techniques and treatments are first class, I can now sleep and work in the yard with no pain at all." - Edgar Moore



### No Dangerous Drugs, No Invasive Procedures, and No Painful Exercises

Spinal decompression treatments are very gentle. In fact, we even catch a few patients sleeping during sessions every once and awhile. You'll simply lie on your stomach or back, whichever is comfortable, and then a specialized belt is gently put around your waist. We'll set the machine to focus on your problem area-then the advanced decompression computer system will do the rest.

### "But I feel fine-as long as I take my pain pills."

There's a time to use pain medications, BUT not before seeking a natural way to correct the CAUSE of the problem!

Spinal decompression combined with Laser Therapy just may be the answer that you've been looking for. Ask yourself...after taking all these pain medications and playing the 'wait and see game', maybe for years...are you any better off?

Call 318-687-9671 and tell the receptionist you'd like to come in for the Special Decompression and Laser Therapy Evaluation before July 17, 2015. We can get started with your consultation, exam and x-rays as soon as there's an opening in the schedule. Our office is called Johnston Chiropractic and you can find us at 9141 Walker Rd. in Shreveport, LA.

We look forward to helping you get rid of your pain so you can start living a healthier, more joyful life.

Sincerely,

Paul F. Johnston, D.C.

P.S. The only real question to ask yourself is this...

### What Will Your Pain Feel Like 1 Month From Today?

One of the biggest myths about pain is that it goes away all by itself, without any treatment.

A May 1998 study in the British Medical Journal proved this myth false, showing that 75% of back pain sufferers who do nothing about it will have either pain or disability 12 months later.

Let's face it, if the pain hasn't gone away by now, it's not likely to disappear on its own. Life's too short to live in pain like this. Call today and soon we'll be giving you the green light to have fun again.

**Call Today To  
Schedule Your  
\$60 POWER OF LIGHT  
EVALUATION (\$250 VALUE)  
Offer Good Through 7/17/15  
318-687-9671**

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